Nombre	Día y Bloque
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Do 1 and Pick 3! Unit III: #1 ENTREGAR \_\_\_\_\_

**PICK THREE** of the following HW assignments & Circle them. Write the date of completion and turn them in together with this handout on the top by the psoted DUE DATE.

	Tareas	Mis Puntos
1	Create a CHART for INFORMAL COMMANDS:	
	<ol> <li>Caminar 3. Correr 4. Entrenarse 5. Escribir</li> <li>2 Irregular Verbs- PONER &amp; IR</li> </ol>	
	You must also write a sentence for each one.	
2	Write a dialuge between a personal trainer and a client. An introduction & background description is required and a minimum of 5 workout-commands are too.	
3	Create and INFOGRAPHIC of a gym workout. A minimum of 5 exercise images and their Spanish informal command forms and exercises are required.	
	label each exercise in Spanish	
	<ul><li>Name your gym in Spanish</li><li>Name you Work Out Plan in Spanish</li></ul>	
4	Create a Pinterest Board of Healthy Diet and Exercise using only Spanish language	
4	images. You are also to write a paragraph describing a healthy life style.	
	Share the pinterest board with me: Sra. Catorce on Pinterest.	
	Turn in the paragraph with the URL of your pinterest board on it.	
5	• Create charts for regular reflexive verbs. 1AR verbs, 2ER verbs, 3IR verbs	
	and 4. PONER 5. MANTENER. 6. Write 10 sentences- each having a different	
	reflexic verb with mixed pronouns. USE THE PRESENT TENSE.	
6	• Create & record your diet and work out schedule for a week. Create a schedule	
	in a table and fill it in with what you ate and the exercise that you did. Use the past	
	tense. <i>Photos required.</i>	
7	Write an email to your cousin describing your new fitness plan. Include what you are eating daily. Also include in detail what you do in a work out at the gym. Must Haves: Adverbs of frequency, nutrient groups, conjugated reflexive verbs.	
8	Create a podcast for an exercise program. Write your script and then record it and turn it in to Google Classroom. You must introduce yourself, name your work out plan in Spanish, and use informal commands and Spanish exercise names.	
9	<b>Fitness Interview. Entrevista de Bienestar.</b> Interview a friend or a classmate about the nutrients they eat and what they do for exercise. Use Story I's survey as a mode. Include your interview quetions, the answers, and WRITE A PARAGRAPH ABOUT THE PERSON'S NUTRITION & FITNESS.	